

# December, 2018

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National Coalition to Prevent Child Sexual Abuse and Exploitation

## Addressing Adverse Childhood Experiences (ACEs)

Adverse childhood experiences—commonly known as ACEs—affect children and families across all communities. Child sexual abuse is an all-too-common ACE. ACEs can impact kids' health and well-being, and they can have long-term effects on adults' health and wellness. They can even have consequences that affect entire families, communities, and our whole society. Thankfully, ACEs are preventable. This issue of The Prevention Coalition eNews includes research, programs and trauma-informed care protocols addressing ACEs.



## The CDC Introduces New Online ACEs Training

The CDC has introduced a new online training that will help parents and professionals understand, recognize, and prevent ACEs. The training covers risk and protective factors, outcomes associated with ACEs, and evidence-based strategies that will reduce or eliminate the impact of ACEs and stop them from occurring in the first place.

This training provides the knowledge and insights needed to help create healthier, happier childhoods for kids today, and bright futures for adults tomorrow.

This training begins with two modules designed to increase awareness and understanding of ACEs and ways to prevent them. These modules are appropriate for anyone interested in learning about ACEs regardless of education level or profession:

Module 1: ACEs Overview

Module 2: The Public Health Approach to Preventing ACEs

Upon completion of Module 2, participants will be eligible to receive the continuing education for physicians, nurses, health education specialists, general health professionals.

Coming soon are additional modules for professionals working directly with and on behalf of kids and families. These modules will help with skills and knowledge acquisition about how mental health care providers, medical providers, and others can prevent ACEs. For more information click [here](#).

*The purpose of this eNews is to provide members of the National Coalition to Prevent Child Sexual Abuse & Exploitation monthly updates on trends, issues, studies, and work being done in the field of child sexual exploitation prevention. The material highlighted in the eNews is for information purposes only and does not constitute an endorsement. If you believe you are receiving this email in error or would like to unsubscribe from this service, please email: [PreventTogether@gmail.com](mailto:PreventTogether@gmail.com).*

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## ACEs Among Youth in Secure Juvenile Justice Settings

Check this new research article out. Click [here](#) for the full article in a .pdf format.

### Complex Trauma and Aggression in Secure Juvenile Justice Settings

Ford, et.al. Criminal Justice and Behavior, Vol. 39, No. 6, June 2012, 694-724

Youth in secure juvenile justice settings (e.g., detention, incarceration) often have histories of complex trauma: exposure to traumatic stressors including polyvictimization, life-threatening accidents or disasters, and interpersonal losses. Complex trauma adversely affects early childhood biopsychosocial development and attachment bonding, placing the youth at risk for a range of serious problems (e.g., depression, anxiety, oppositional defiance, risk taking, substance abuse) that may lead to reactive aggression. Complex trauma is associated with an extremely problematic combination of persistently diminished adaptive arousal reactions, episodic maladaptive hyperarousal, impaired information processing and impulse control, selfcritical and aggression-endorsing cognitive schemas, and peer relationships that model and reinforce disinhibited reactions, maladaptive ways of thinking, and aggressive, antisocial, and delinquent behaviors. This constellation of problems poses significant challenges for management, rehabilitation, and treatment of youth in secure justice settings. Epidemiological and clinical evidence of the prevalence, impact on development and functioning, comorbidity, and adverse outcomes in adolescence of exposure to complex trauma are reviewed. Implications for milieu management, screening, assessment, and treatment of youth who have complex trauma histories and problems with aggression in secure juvenile justice settings are discussed, with directions for future research and program development.

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### APSAC Releases an ADVISOR Special Issue Focused on Trauma-Informed Care

Children and youth in the United States are exposed to preventable violence, trauma, and adversity on a daily basis. Adverse Childhood Experiences (ACEs) are those experiences that lead to chronic stress and may result in a child presenting with a complex set of trauma symptoms (e.g., aggressive behavior, sleep problems). The November, 2018 Special Issue of APSAC's ADVISOR magazine is devoted to trauma-informed practices and prevention that address ACEs. Prevention Coalition member, J. Bart Klika of Prevent Child Abuse America introduces the issue. Click [here](#) to see the full issue.

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## Healing Centered Engagement as a Holistic Treatment for ACEs

Check out this article that addresses the holistic resolution of ACEs. **The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement, 5/31/18, by Shawn Ginwright Ph.D.** Click [here](#) for more information.

## Health-related Quality of Life Among Adults Who Experienced Maltreatment During Childhood

An older but well-respected study on the long-term effects of child maltreatment is:

Corso PS, Edwards VJ, Fang X, Mercy JA. [Health-related quality of life among adults who experienced maltreatment during childhood](#). *Am J Public Health*. 2008;98:1094–1100.

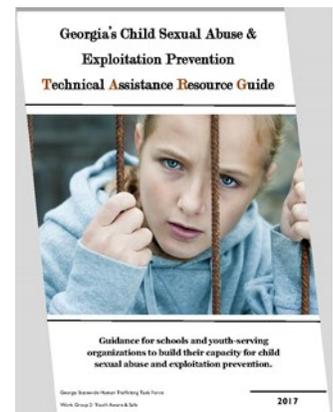
**Summary:** In this study, persons who experienced childhood maltreatment had significant and sustained losses in health-related quality of life in adulthood relative to persons who did not experience maltreatment. These data are useful for assessing the cost-effectiveness of interventions designed to prevent child maltreatment in terms of cost per quality-adjusted life years saved.

Childhood maltreatment poses a substantial risk for long-term health for many reasons. First, recurrent exposure to the stress associated with maltreatment can lead to potentially irreversible changes in the interrelated brain circuits and hormonal systems that regulate stress. Changes in these brain systems can lead to a premature physiological aging of the body that increases vulnerability to disease over the life course. Second, childhood maltreatment increases the risk of behavioral problems such as smoking, substance abuse, obesity, and sexual promiscuity. Third, a related body of evidence indicates that early adverse childhood experiences have a profound effect on a range of cognitive, social, and emotional competencies that lay the foundation for successful learning, coping, and subsequent economic productivity.

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### Georgia's Child Sexual Abuse and Exploitation Prevention Guide Integrates ACEs Prevention

This Prevention Guide was one of the first to acknowledge that ACE awareness and prevention should be part of every child sexual abuse prevention program. This was a consideration throughout its recommendations. The guide was created by the Georgia Statewide Human Trafficking Task Force Work Group 2: Youth Aware and Safe, operated under the leadership of the Georgia Criminal Justice Coordinating Council. The guide was adapted, with permission, from the 2014 Vermont Sexual Violence Prevention Technical Assistance Resource Guide (TARG). Click [here](#) to see the full report.



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### NSVRC Releases Online Tool to Create Trauma-Informed Classroom Space

[One Caring Adult](#) NSVRC (2018). This free online learning tool for teachers and other school professionals highlights ways to create a trauma-informed classroom. In this three-part course professionals will hear from experts in seven videos. The accompanying workbook guides these professionals through the course and provides opportunities to think about how to create a trauma-informed space for the children they work with.

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## Communications Focus on the Healthy Development of Children

During the months of November and December, the Prevention Coalition is focusing its communications efforts on *Pillar for Prevention #2: The Healthy Development of Children*.



The healthy development of children is vital to the prevention of child sexual abuse. Those that abuse children often say that they look for vulnerable, un-informed children to target. Resilient, knowledgeable children are not as attractive to someone looking to offend. The Prevention Coalition's tweets and blogs provide professional, concrete advice on creating developmentally healthy youth.

Many of our members have contributed content and resources to this communications campaign. Thank you to the National Sexual Violence Resource Center (NSVRC), Stop It Now!, the Association for the Treatment of Sexual Abusers (ATSA), and Janet Rosenzweig, Ph.D.

If you don't follow the Prevention Coalition on Twitter (@PreventTogether), be sure to start today. Please also take the time to like and retweet the great content our members have provided. Check out all of the Coalition's tweets at [www.preventtogether.org](http://www.preventtogether.org). Also check out our website and blogs at [www.preventtogether.org](http://www.preventtogether.org) and our Linked In site.

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## Ending Sexual Violence in One Generation: A Progress Report for the United States 2018



Every year, RALIANCE chronicles the significant themes, milestones, and events related to efforts to end sexual harassment, misconduct, and abuse nationally. This year's 2018 report offers a look back from June 2017 through May 2018, the months before and after the #MeToo movement took the nation by storm. Click [here](#) to see the report.

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## Calling Volunteers for Leadership Roles

If you would like to take more of a leadership role in the Coalition, now is the time to step up! The Coalition would like to hear about your interests and willingness to serve. Based on interest, we may initiate some sub-committees to pursue specific objectives. Please email [Julie Novak](mailto:jnovak@preventtogether.org) or [Tiffany Sawyer](mailto:tsawyer@preventtogether.org) with your interests, thoughts and ideas.



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## Submissions sought for ATSA's 38th Annual Research and Treatment Conference



The Association for the Treatment of Sexual Abusers is seeking proposals for pre-conference sessions at its Nov. 6-9, 2019, conference in Atlanta, Georgia. Pre-conference seminars are invited sessions chosen by the conference committee to offer a broad range of intensive learning sessions based on the latest research or providing intensive skill training. Requests from individuals to be considered for presenting either a full or half-day pre-conference session are welcomed. Interested individuals

may submit a proposal for the committee's consideration through **January 18, 2019**, at the following link: [2019 ATSA Pre-Conference Proposals](#). Please also consider submitting an abstract for the concurrent program at the following link: [2019 Call for Abstracts](#).

Submissions from students, newly established investigators, and practitioners are encouraged.

Continuing education credits are available for MDs, psychologists, LCSWs and MFTs and certified counselors.

**Submit 2019 ATSA Pre-Conference Seminar Proposals through January 18, 2019.**  
**Submit 2019 ATSA Concurrent Session Abstracts through March 4, 2019.**

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## Committee for Children to Hold Congressional Briefing

Committee for Children will be sponsoring a Congressional Briefing on the need for Congress to appropriate new funds for child sexual abuse research and evaluation. The briefing will be held on January 29, 2019 from 1:30-2:30 pm in the Russell Senate Office Building, Room 395. The briefing is open to the public. Panelists thus far include:



Elizabeth Letorneau, PhD, who is the inaugural director at the Moore Center for the Prevention of Child Sexual Abuse and associate professor at the Department of Mental Health at the Johns Hopkins Bloomberg School of Public Health

Deborah Chosewood, Deputy Director of Prevention and Community Support Section at the Georgia Division of Family and Children Services

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***"Intellectuals solve problems; geniuses prevent them."* - Albert Einstein**



Save the date for the 2019 Prevent Child Abuse America National Conference  
September 16-18, 2019  
Milwaukee, Wisconsin

thirty-fifth  
INTERNATIONAL  
symposium  
ON CHILD ABUSE  
march 18-21, 2019

Mark your calendars now! The *International Symposium on Child Abuse* is a premiere conference that provides expert training and numerous networking opportunities to professionals in the child maltreatment field and is one of the few conferences that addresses all aspects of child maltreatment, including, but not limited to, physical abuse, sexual abuse, neglect, exposure to violence, poly-

victimization, exploitation, intervention, trafficking, and prevention. March 18-21, 2019; Huntsville, Alabama. [Register now](#)

CRIMES AGAINST CHILDREN  
CONFERENCE

*Save the Date*  
31ST ANNUAL CRIMES AGAINST  
CHILDREN CONFERENCE  
AUGUST 12-15, 2019 | SHERATON  
HOTEL | DALLAS, TX



The Pennsylvania Coalition Against Rape and the National Sexual Violence Resource Center are excited to announce a call for workshop proposals for the 2019 National Sexual Assault Conference (NSAC), in Philadelphia, Pennsylvania, at the Marriott Philadelphia Downtown. The theme of the

conference is "Beyond the Breakthrough." The request for proposals has been released for the 2019 National Sexual Assault Conference (NSAC): Beyond the Breakthrough. You can learn more about the [process to submit your workshop proposal](#). Deadline to apply is December 19, 2018.

Submit your events for inclusion in next month's Events Calendar to drive awareness of your organization! Please email information to [catherinetownsend@yahoo.com](mailto:catherinetownsend@yahoo.com).

Communications Committee Co-Chairs: Adrienne Hoffman-Lewis & Julie Patrick